

Resources for Clinical Therapy

Thank you for your interest in therapeutic services with The Ellis Agency! Currently, we are not accepting clients for individual therapy. Therefore, we would like to share the following online directories that may prove helpful in your search for your best-fit clinician provider. After the list of directories, you will find a list of providers that serve **within the state of Missouri** for you to reach out to for therapy services. We trust that you would find any of them helpful to you and your growth; however, please note that you do not have to choose anyone from this list. It is simply being provided as a resource. We wish you well on your mental wellness journey!

Online Directory for Potential Clinical Providers

Inclusive Therapists
www.inclusivetherapists.com

National Queer and Trans Therapists of Color Network
<https://nqttn.com/en/>

Open Path Collective
www.openpathcollective.org

Therapy for Black Girls
www.therapyforblackgirls.com

Psychology Today
www.psychologytoday.com

If you are in crisis and need someone to talk to, the **National Suicide Prevention Hotline** may help. Just dial 988 or call 1-800-273-8255.

Karen Banks, LPC

Trinity Wellness, www.trinitywellnessstl.com

Licensed in Missouri and offering online sessions. Private pay with sliding scale available. She has other therapists working with her that may be available, also providing online sessions. She primarily provides services to adults and couples for therapy using a holistic and cognitive behavioral approach. She works with clients in addressing stress, anxiety, depression, sexual concerns, relationship and communication problems, racial/cultural concerns, and improving all facets of their lives.

Meaghan Hill, LPC

Melanated Healing, www.MelanatedHealinCounseling.com

Licensed in Missouri and offering online sessions only. Private pay. The most commonly identified needs of her clients include anxiety, depression, anger management, children/adolescent issues, trauma, relationship dynamics, and women's issues. She utilizes Cognitive Behavioral Therapy to help her clients achieve success.

Shala Taylor, LPC

Purpose Driven Counseling www.PurposeDrivenCounselor.com

Licensed in Missouri and offering in person sessions only. Private pay and insurance options available. She has other therapists working with her that may be available, providing online sessions only. Shala has a certification in Eye Movement Desensitization and Reprocessing (EMDR), Neuro-sequential Model of Therapy (NMT) and Substance Abuse. Areas of concern addressed through therapy include Depression, Anxiety, Stress and Trauma, Christian Counseling, Change of Life Transitions, and Substance Abuse.

Melissa Webb, LPC

314-282-2500, [must request to work with Melissa](#)

Licensed in Missouri and Georgia and offering online and in-person sessions. Private pay and insurance options available. She is trained in Eye Movement Desensitization and Reprocessing (EMDR) and offers Christian-based counseling as well. Works with individuals utilizing Cognitive-Behavioral Therapy who have experienced trauma, concerns in their romantic relationships, anxiety, depression, and maternal mental health.